

Rub A Dub Dub

Years ago I was reading a book about holiday traditions around the world, and came across this, “In Norway children get ready for Christmas by getting a good scrubbing from head to toe.” I thought this was very fun, and a great opportunity for a song! I talk with young children about their traditions around bath time which, of course, vary from culture to culture and family to family. But it’s just something different and fun to sing about at Christmas.



Before we sing I tell children to get out their special Christmas wash cloths, get them all soapy sudsy- and start washing! I’ve even had some preschools do this as a Holiday performance using brightly colored wash cloths and pretending to wash all over, then follow the lyrics in the second verse.

Rub A Dub Dub

CHORUS:

Rub a dub dub, three kids in a tub
Gettin’ ready for a holiday night
Rub a dub dub, with soap and water they scrub
Gettin’ ready to start their holiday right

In Norway, so far away, all the children getting’ ready for the holiday
Wash fingers and toes, elbows and nose
So when the holiday comes they’re ready to go
(CHORUS)

Can you wash your face?
Can you wash your toes?
Can you scrub your elbows?
Can you rub your nose?
(CHORUS)