

Bounce a Bouncy Ball

Here's an activity for those inside winter days! Get out the balls and have some fun. Review all of the actions in the verses with children before you play the song.

Bounce a Bouncy Ball

Chorus:

Bounce a bounce a bouncy ball, bounce a ball with me
Bounce a bounce a bouncy ball, one, two, three

1. Bounce a bounce a bouncy ball and walk around with me
Bounce a bounce a bouncy ball, one, two, three
(chorus)
2. Roll the ball down on the ground, roll the ball with me
Roll the ball down on the ground, one, two, three
(chorus)
3. Raise the ball above your head and stretch up to the sky
Now slowly stretch it to the right, and to the other side
(chorus)
4. Lie down on your back and hold the ball between your feet
Now raise it up and bring it down, and up and down that's neat!
(chorus)
5. Hold the ball and turn around while arms go up and down
Slowly so you don't get dizzy and fall down
(chorus)
6. Hold the ball above your head, now down and touch your toes
Now up again and down again and up right past your nose
(chorus)
7. Bounce a bounce a bouncy ball and walk around with me
Bounce a bounce a bouncy ball, one, two, three

